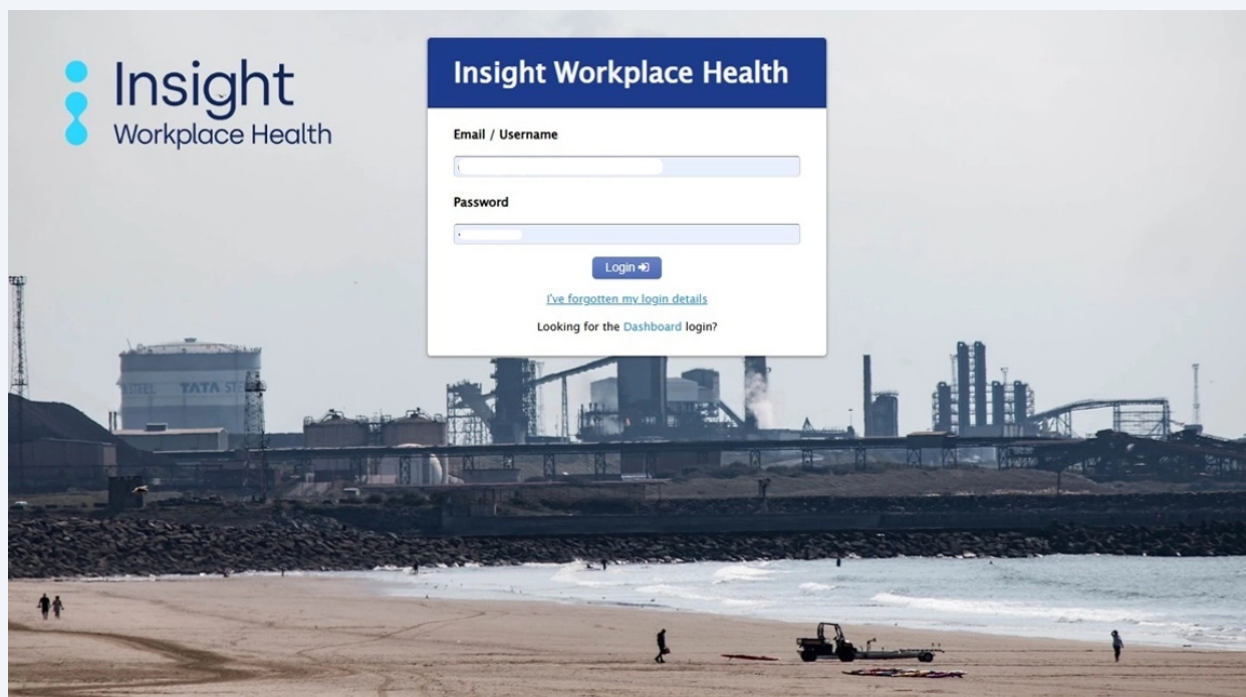


Logging into Orchid Live for First Time

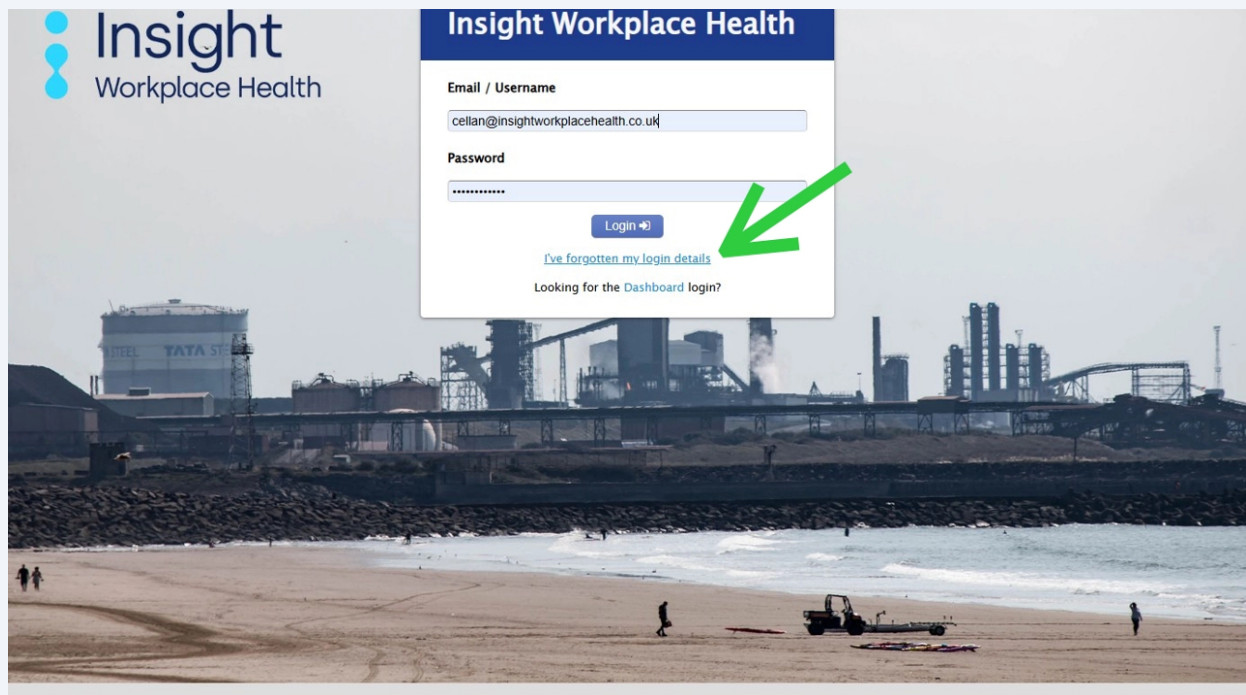
Follow this guide to learn how to login to Orchid Live for the first time.

1

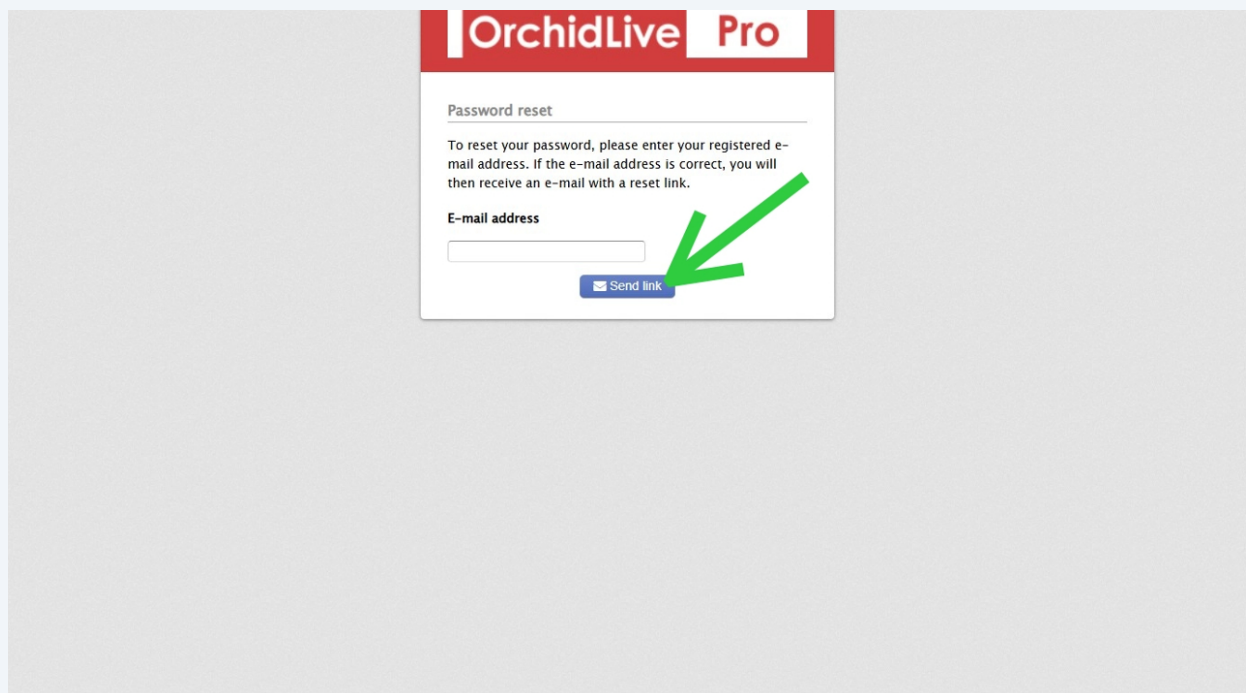
Navigate to <https://insight.orchidlive.com/orchid/>



2 On initial account setup, select "I've forgotten my login details".



3 You will then be directed to enter your email address and click "send link".



4

Go to your email inbox where you will have received the below message and follow the link to reset your password.

Dear

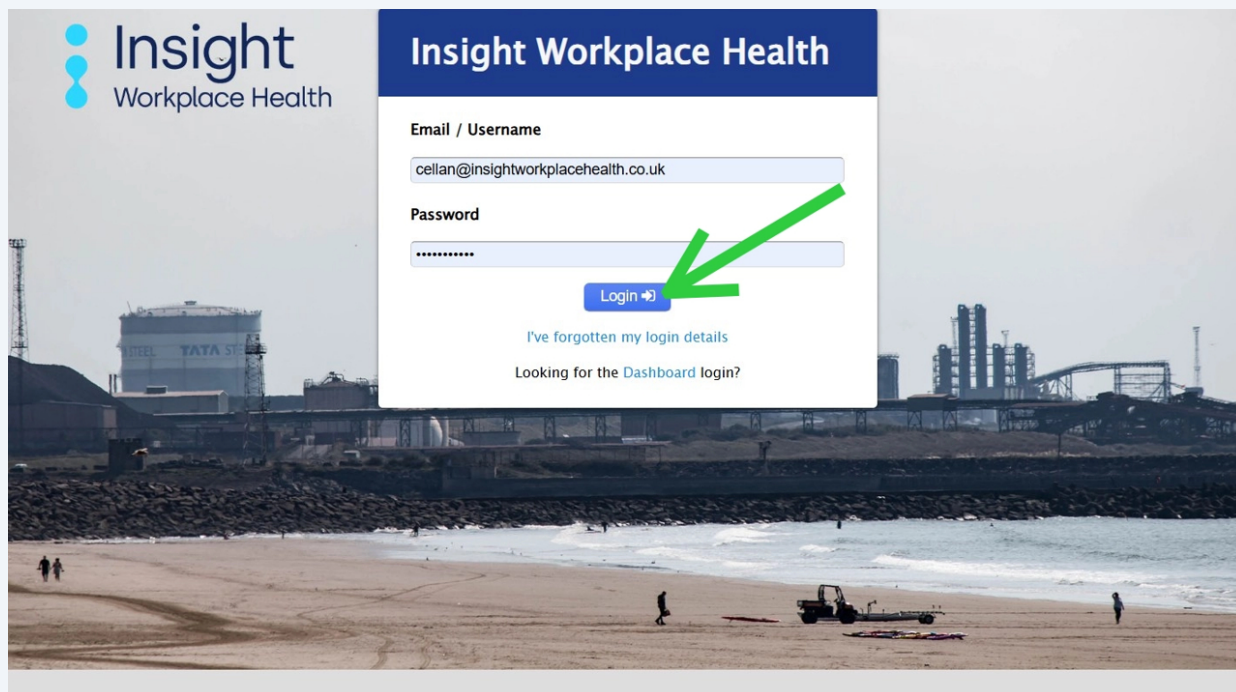
Someone recently requested a password reset link for your login to OrchidLive. The link is below. If you did not request this link, please ignore this message and delete it.

Your account number is:

Your password reset link: [Click here to reset your password](#)

5

Once you've completed the above steps, enter your email address and password that you have created and click "Login".



The image shows a login interface for 'Insight Workplace Health' overlaid on a background photograph of a beach with industrial buildings in the distance. The login form has a dark blue header with the company name. Below the header, there are two input fields: 'Email / Username' containing 'cellan@insightworkplacehealth.co.uk' and 'Password' with masked characters. A green arrow points to the 'Login' button, which is blue with a white right-pointing arrow. Below the button are two links: 'I've forgotten my login details' and 'Looking for the Dashboard login?'.

Insight Workplace Health

Email / Username
cellan@insightworkplacehealth.co.uk

Password

Login →

[I've forgotten my login details](#)

[Looking for the Dashboard login?](#)